

Conferences:

- **Native Women & Men's Wellness Conference**

We have merged our national conferences to form one large and comprehensive wellness conference. The Native Women & Men's Wellness Conference will include topics on wellness and spirituality, diabetes prevention and care, gender-specific health issues, and formal panels to discuss promising health and prevention practices in Indian Country.

March 28-31, 2010
Town & Country Resort
San Diego, CA
*CEUs provided

- **Native American Prevention Services Conference**

This conference is designed for professionals and community members interested in the field of prevention. Topics will include alcohol and substance abuse prevention, mental health and well-being, chronic disease prevention, and panels to discuss traditional healing practices in Oklahoma.

April 21-22, 2010
Embassy Suites Hotel and Conference Center
Norman, OK
*CEUs provided

Trainings:

- **Introduction to Social Marketing**

This training is designed for tribal health administrators and directors who are interested in the field of social marketing. The course will include an overview of social marketing, focus group research, program design, and implementation. This is the first course in a series of four: (1) Introduction to Social Marketing, (2) Advanced Social Marketing: for those who are in the process of implementing a project, (3) Program Evaluation, and (4) Focus Group Research.

January 2010
Santa Fe, NM
*CEUs provided
Maximum Capacity: 25 Participants

- **Native Fitness Training**

This training is designed for current exercise trainers and instructors who work in tribal communities. The topics covered during the training include anatomy and physiology, biomechanics, nutrition, exercise and weight management, instructional skills, class development, marketing, injury prevention and safety, special populations, choreography, and legal considerations.

March 25-27, 2010
Town & Country Resort
San Diego, CA
CEUs provided
Maximum Capacity: 50 Participants

- **Native Fitness Training**

This training is designed for current exercise trainers and instructors who work in tribal communities. The topics covered during the training include anatomy and physiology, biomechanics, nutrition, exercise and weight management, instructional skills, class development, marketing, injury prevention and safety, special populations, choreography, and legal considerations.

April 19-20, 2010

Embassy Suites Hotel and Conference Center

Norman, OK

CEUs provided

Maximum Capacity: 50 Participants

Call for Presenters and Registration for these events will open in November. Please visit our website (www.aii.ou.edu) next month and be the first to register!

If you would like further information on any of these events or have questions about other topics, please contact our office at 405-325-1799 or email chelsea-southerland@ou.edu. We look forward to seeing you all and thank you again for your participation and support.